## HEAVENLY HOME COURSE PLANNER

## WORRIED YOU CAN'T FIND THE TIME ?

We understand that it can seem impossible to fit Heavenly Home into your crazy schedule... so we developed weekly planners to help you integrate HH into your life.

Since we are all different, our suggested timelines are based on 3 different parent profiles. Depending on how fast you want or can complete our transformative program, choose the profile that fits you the most and follow the schedule accordingly.

## THE LONGER YOU WAIT, THE LONGER YOU'LL STRUGGLE TO FIT IT ALL IN AND THE FURTHER AWAY A FUTURE WITH MORE INDEPENDENCE FOR YOUR CHILD IS.

## 3 PROFILES

From confusion \& overwhelm to empowerment, peace of mind \& confidence

## THE 'RUSHED' ONE

This is for the parent who wants to learn as quick as possible! Following this schedule, you can finish the program in $\underline{6}$ weeks or less by watching about 2 lessons a day.

THE ‘CONSISTENT’ ONE
This is for the parent who wants to go steady and assimilate the lessons throughout. Following this schedule, you can finish the program in 9 weeks or less by watching about lesson a day.

## THE ‘TAKE YOUR TIME’ ONE

This is for the parent who wants to take their time with the program and go at an easy pace. Following this schedule, you can finish the program in 12 weeks or less by watching about 1 lesson every two days.

Of course, this is only a recommended plan. You can go through this schedule even faster or slower than our suggestion. You can watch your videos and complete your workbooks with your morning coffee, with your evening tea, during your lunch break or during a dedicated time that you put aside for YOU.

## PLANNER'S DESCRIPTION

Our planner is based on the number of LESSONS you can complete per day or per week. One lesson on average takes 15 minutes to complete.

We purposefully left some blank days meant to be "assimilation/application" days.

The program itself amounts to 10 hours of videos, so it's up to you to also decide how you want to pace your learning.

| Course Numbers Are <br> Color Coded | Description |
| :--- | :--- |
| Course 1 | Part 4, Lessons 1 \& 2 of Course 1 |
| Course 2 | Part 1, Lessons 1 \& 2 of Course 2 |
| Course 3 | Part 3, Lesson 4 of Course 3 |

HEAVENLY HOME

|  | Course 1 | Course 2 | Course 3 |
| :--- | :--- | :--- | :--- |
| Part 1 | Intro | 9 Lessons | 5 Lessons |
| Part 2 | 8 Lessons | 2 Lessons | 6 Lessons |
| Part 3 | 4 Lessons | 1 Lesson | 1 Lesson |
| Part 4 | 2 Lessons | 1 Lesson | 1 Lesson |
| Part 5 |  | 1 Lesson | Outro |
| Total <br> Hours | 3 | 3 | 4 |

Finish in less than 6 weeks
About 2 lessons/day, 30 minutes/day

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 1, Intro | Part 2, <br> Lessons $1 \& 2$ | Part 2, <br> Lessons 3 \& 4 | Part 2, <br> Lessons 4 \& 5 | Part 2, <br> Lessons. 7 \& 8 | Part 3, Lessons $1 \& 2$ | Part 3, <br> Lessons 3 \& 4 |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 4, Lessons 1 \& 2 |  | Part 7, <br> Lessons 1 \& 2 | Part 7, <br> Lessons 3 \& 4 | Part 7, <br> Lessons 5 \& 6 | Part 1 , <br> Lessons 7 \& 8 | Part T, Lesson 9 |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 2, <br> L.esson 1 |  | Part 2, Lesson 2 |  | Part 3, L.esson 1 | Part 4, Lesson 1 |

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THE RUSHED ONE (WEEKS 4-6)
Finish in less than 6 weeks
About 2 lessons/day, 30 minutes/day

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 5, Lesson 1 |  | Part 7, Lessons 1 \& 2 | Part 1, Lesson 3 | Part 7, Lessons 4 \& 5 |  | Part 2, Lesson 1 |
| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 2, <br> Lesson 2 | Part 2, Lesson 3 |  |  | Part 2, <br> Lesson 4 | Part 2, Lesson 5 | Part 2, Lesson 6 |
| Week 6 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 3, <br> Lesson 1 | Part 4, Lesson 1 | Part 5, Lesson 1 |  |  |  |  |

Finish in 9 weeks
About 1 lesson/day, 15 minutes/day

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Part, Intro | Part 2, <br> Lesson 1 | Part 2, <br> Lesson 2 | Part 2, <br> Lesson 3 | Part 2, <br> Lesson 4 | Part 2, <br> Lesson 5 | Part 2, <br> Lesson 6 |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 2, <br> Lesson 7 | Part 2, <br> Lesson 8 | Part 3, <br> Lesson 1 | Part 3, <br> Lesson 2 | Part 3, <br> Lesson 3 | Part 3, <br> Lesson 4 |
| Week 3 Monday Tuesday Wednesday <br>  Thursday Friday Saturday | Sunday |  |  |  |  |  |  |

THE CONSISTENT ONE (WEEKS 4-6)
Finish in 9 weeks
About 1 lesson/day, 15 minutes/day

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 7, <br> Lesson 4 | Part 7, <br> Lesson 5 | Part 1, <br> Lesson 6 | Part 7, Lesson 7 | Part 7, Lesson 8 | Part 7, Lesson 9 |  |
| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 2, <br> Lesson 1 |  |  | Part 2, <br> Lesson 2 |  |  | Part 3, Lesson 1 |
| Week 6 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 4, Lesson 1 |  | Part 5, Lesson 1 |  | Part 7, Lesson 1 |  |

Finish in 9 weeks
About 1 lesson/day, 15 minutes/day

| Week 7 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Part 1, <br> Lesson 2 | Part 1, <br> Lesson 3 | Part 1, <br> Lesson 4 | Part 1, <br> Lesson 5 |  |  |  |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 2, <br> Lesson 1 | Part 2, <br> Lesson 2 | Part 2, <br> Lesson 3 |  |  | Part 2, <br> Lesson 4 | Part 2, <br> Lesson 5 |
| Week 9 | Monday Tuesday Wednesday Thursday Friday Saturday Sunday <br>  Part 2, <br> Lesson 6  Part 3, <br> Lesson 1  Part 4, <br> Lesson 1  <br> Part 5,       <br> Lesson 1       |  |  |  |  |  |  |

## THE TAKE YOUR TIME ONE (WEEK 1-3)

Finish in 12 weeks
About 1 lesson every 2 days, 15 minutes/day

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 1, Intro | Part 2, Lesson 1 |  | Part 2, Lesson 2 |  | Part 2, <br> Lesson 3 |  |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 2, Lesson 4 |  | Part 2, Lesson 5 |  | Part 2, Lesson 6 |  | Part 2, Lesson 7 |
| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 2, Lesson 8 |  | Part 3, Lesson 1 |  | Part 3, <br> Lesson 2 |  |

## THE TAKE YOUR TIME ONE (WEEK 4-6)

Finish in 12 weeks
About 1 lesson every 2 days, 15 minutes/day

| Week 4 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 3, Lesson 3 |  | Part 3, Lesson 4 |  | Part 4, esson. 1 |  | Part 4, Lesson 2 |
| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 1, <br> Lesson 1 | Part 1, <br> Lesson 2 | Part 1, <br> Lesson 3 | Part 7, Lesson 4 | Part 7, <br> Lesson 5 |  |
| Week 6 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  | Part 1, <br> Lesson 6 | Part 1, Lesson 7 | Part 1, <br> Lesson 8 | Part 1, Lesson 9 |  |  |

THE TAKE YOUR TIIME ONE (WEEK 7-9)
Finish in 12 weeks
About 1 lesson every 2 days, 15 minutes/day

| Week 7 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  | Part 2, <br> Lesson 1 |  |  | Part 2, <br> Wesson 2 |  |
| Week 8 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 3, <br> Lesson 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Lesson 1 |
| :--- |

Finish in 12 weeks
About 1 lesson every 2 days, 15 minutes/day

| Week 10 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Part 2, Lesson 1 |  | Part 2, <br> Lesson 2 |  | Part 2, <br> Lesson 3 |  |  |
| Week 11 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 2, <br> Lesson 4 |  | Part 2, <br> Lesson. 5 |  | Part 2, <br> Lesson. 6 |  |  |
| Week 12 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  | Part 3, Lesson 1 |  | Part 4, Lesson 1 |  | Part 5, Lesson. 1 |  |  |

