
HEAVENLY HOME

DIAGNOSIS CUSTOMIZATION



DOES THIS APPLY TO MY CHILD?

Since our program is aimed at neurodiverse individuals at large, you will find that we teach in terms of different levels of independence to showcase the different levels of challenges individuals may have.

Our lessons are taught following the below 3 divisions:

- Very Dependent
- Getting Independent
- Almost Independent

You can find those divisions throughout the program, but specifically when we are teaching:

- Path to independence (Course 2, Part 1)
- Friendship Skills (Course 3, Part 1)
- Communication (Course 3, Part 2)

- If you find your child to be **less challenged** than what you see throughout the program, then it means that what we're teaching will work on him/her. If it worked on kids more challenged, then it will work for you.
- If you find your child to be **as equally challenged as** what you see throughout the program, then it is safe to say that you can apply the strategies and find success in them.
- If you find your child to be **more challenged** than what you see throughout the program, be rest assured that Dr Louise has worked with children even more challenged and the strategies are as effective.



HOW CAN I CUSTOMIZE TO MY CHILD?

It is a valid concern to wonder how is HH applicable to your child and their diagnosis/difference. This is why we created this guide to help you determine what parts of the program can help the challenges you are facing according to each diagnosis.

For each diagnosis, we listed the common challenges you could be facing and organised them accordingly.

You can also use this as a search bar: how is a part relevant to you and your child? or where can I find this particular challenge addressed in the program?

PROGRAM OVERVIEW

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	Path to Independence	Friendship Skills
Part 2	Bioplay Strategies	Meltdowns	Communication
Part 3	It's In Your Hands	Sensory	Repetitions
Part 4	Play To Teach	Sleep	Generalizing Academics
Part 5		Sexual Health	<i>Outro</i>

Below you will find a list of challenges under each part that is relevant to the part and diagnosis.



ADHD

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	<u>Path to Independence:</u> <ul style="list-style-type: none"> • Poor time management skills • Impulsiveness • Fine and gross motor skills • Refer to the “Almost Independent” lessons 	<u>Friendship Skills:</u> <ul style="list-style-type: none"> • Impulsiveness • Doesn’t have friends • Lack of socialization/bullying • Refer to the “Almost Independent” lesson
Part 2	<u>Bioplay Strategies:</u> <ul style="list-style-type: none"> • Executive function difficulties • Impulsiveness • Fine and gross motor difficulties • Problems focusing 	<u>Meltdowns:</u> <ul style="list-style-type: none"> • Dysregulation, outbursts 	<u>Communication:</u> <ul style="list-style-type: none"> • Language and expressive difficulties • Fine and gross motor skills • Impulsiveness • Refer to the “Almost Independent” lesson
Part 3	<u>It’s In Your Hands:</u> <ul style="list-style-type: none"> • Learning disabilities • Executive function • What to do with excessive activity • Seeing their hyperactivity as a strength 	<u>Sensory:</u> <ul style="list-style-type: none"> • Sensory overload 	<u>Repetitions:</u> <ul style="list-style-type: none"> • OCD behaviors • Hyperactivity
Part 4	<u>Play To Teach:</u> <ul style="list-style-type: none"> • Problems focusing on a task/multitasking • Learning disabilities 	<u>Sleep:</u> <ul style="list-style-type: none"> • Poor sleeping habits 	<u>Generalizing Academics:</u> <ul style="list-style-type: none"> • Learning difficulties • Problems focusing • Maths and Reading
Part 5		<u>Sexual Health:</u> <ul style="list-style-type: none"> • “Inappropriate” sexual behaviors 	<i>Outro</i>



AUTISM

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	<u>Path to Independence:</u> <ul style="list-style-type: none"> • Self care • Daily living skills • Autonomy 	<u>Social Skills:</u> <ul style="list-style-type: none"> • Social avoidance/phobia • Lack of interaction • Not able to make friends • How to be in a group environment
Part 2	<u>Bioplay Strategies:</u> <ul style="list-style-type: none"> • rigid routines and resistance to change • repitive motions • Obsessions • Executive function (planning, organization, flexibility) 	<u>Meltdowns:</u> <ul style="list-style-type: none"> • Dysregulation, outburts • Self-injurious behaviour • “Aggression” • Mood instability 	<u>Communication:</u> <ul style="list-style-type: none"> • Gestalt Language Processing or delayed echolalia • Nonverbal • Lack of understanding
Part 3	<u>It’s In Your Hands:</u> <ul style="list-style-type: none"> • Rigid routines and resistance to change • Learning difficulties • Debunking autism myths • Embrace autism strengths 	<u>Sensory:</u> <ul style="list-style-type: none"> • Sensory overload • Avoidance behaviors 	<u>Repetitions:</u> <ul style="list-style-type: none"> • OCD behaviors • rigid routines and resistance to change • stimming, repitive motions and obsessions
Part 4	<u>Play To Teach:</u> <ul style="list-style-type: none"> • Obsessions/rigid interests • Learning challenges 	<u>Sleep:</u> <ul style="list-style-type: none"> • Insomnia • Night wakings 	<u>Generalizing Academics:</u> <ul style="list-style-type: none"> • Learning difficulties • Understanding instructions • Maths and Reading
Part 5		<u>Sexual Health:</u> <ul style="list-style-type: none"> • “Inappropriate” sexual behaviors • Masturbation • Puberty 	<i>Outro</i>



EPILEPSY

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	<u>Path to Independence:</u> <ul style="list-style-type: none"> • Fine and gross motor skills • Daily living skills 	<u>Social Skills:</u> <ul style="list-style-type: none"> • Impulsiveness • Difficulties in social engagement • Fine and gross motor skills
Part 2	<u>Bioplay Strategies:</u> <ul style="list-style-type: none"> • Attention deficit • Hyperactivity • Impulsiveness • Fine and gross motor skills 	<u>Meltdowns:</u> <ul style="list-style-type: none"> • Dysregulation, outbursts • Aggression • Fine and gross motor skills 	<u>Communication:</u> <ul style="list-style-type: none"> • Lack of understanding • Language deficits or delayed echolalia • Speech impediments • Fine and gross motor skills
Part 3	<u>It's In Your Hands:</u> <ul style="list-style-type: none"> • Learning difficulties • Embracing their strengths 	<u>Sensory:</u> <ul style="list-style-type: none"> • Sensory overload • Fine and gross motor avoidance or obsession 	<u>Repetitions:</u> <ul style="list-style-type: none"> • OCD behaviors
Part 4	<u>Play To Teach:</u> <ul style="list-style-type: none"> • Fine and gross motor skills • Learning challenges 	<u>Sleep:</u> <ul style="list-style-type: none"> • Poor sleeping habits 	<u>Generalizing Academics:</u> <ul style="list-style-type: none"> • Learning difficulties • Fine and gross motor skills
Part 5		<u>Sexual Health:</u> <ul style="list-style-type: none"> • "Inappropriate" sexual behaviors • Masturbation and puberty 	<i>Outro</i>



CEREBRAL PALSY

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	<u>Path to Independence:</u> <ul style="list-style-type: none"> • Spacticity • Daily living skills 	<u>Social Skills:</u> <ul style="list-style-type: none"> • Impulsiveness • Difficulties in social engagement
Part 2	<u>Bioplay Strategies:</u> <ul style="list-style-type: none"> • Attention deficit • Hyperactivity • Impulsiveness • Spacticity 	<u>Meltdowns:</u> <ul style="list-style-type: none"> • Dysregulation, outburts • Aggression 	<u>Communication:</u> <ul style="list-style-type: none"> • Lack of understanding • Language deficits or delayed echolalia • Speech impediments
Part 3	<u>It's In Your Hands:</u> <ul style="list-style-type: none"> • Learning difficulties • Embracing their strengths 	<u>Sensory:</u> <ul style="list-style-type: none"> • Sensory overload • Fine and gross motor avoidance or obsession 	<u>Repetitions:</u> <ul style="list-style-type: none"> • OCD behaviors
Part 4	<u>Play To Teach:</u> <ul style="list-style-type: none"> • Spacticity • Learning challenges 	<u>Sleep:</u> <ul style="list-style-type: none"> • Poor sleeping habits 	<u>Generalizing Academics:</u> <ul style="list-style-type: none"> • Learning difficulties
Part 5		<u>Sexual Health:</u> <ul style="list-style-type: none"> • "Inappropriate" sexual behaviors • Masturbation and puberty 	<i>Outro</i>



DOWN SYNDROME

Course	1.Becoming A Changemaker	2.Building Independence	3.Learning To Communicate
Part 1	<i>Intro</i>	<u>Path to Independence:</u> <ul style="list-style-type: none"> • Autonomy • Fine and gross motor skills 	<u>Social Skills:</u> <ul style="list-style-type: none"> • Impulsiveness • Difficulties in friendships
Part 2	<u>Bioplay Strategies:</u> <ul style="list-style-type: none"> • Hyperactivity • Impulsiveness • Executive function • Fine and gross motor skills 	<u>Meltdowns:</u> <ul style="list-style-type: none"> • Dysregulation, outbursts • Aggression 	<u>Communication:</u> <ul style="list-style-type: none"> • Language deficits • Speech impediments • Fine and gross motor skills
Part 3	<u>It's In Your Hands:</u> <ul style="list-style-type: none"> • Learning difficulties • Embracing their strengths 	<u>Sensory:</u> <ul style="list-style-type: none"> • Sensory overload • Fine and gross motor avoidance or obsession 	<u>Repetitions:</u> <ul style="list-style-type: none"> • OCD behaviors
Part 4	<u>Play To Teach:</u> <ul style="list-style-type: none"> • Fine and gross motor skills • Learning challenges 	<u>Sleep:</u> <ul style="list-style-type: none"> • Poor sleeping habits 	<u>Generalizing Academics:</u> <ul style="list-style-type: none"> • Learning difficulties • Fine and gross motor skills
Part 5		<u>Sexual Health:</u> <ul style="list-style-type: none"> • "Inappropriate" sexual behaviors • Masturbation and puberty 	<i>Outro</i>

